



# Practical Philosophy

*Foundation Course*

## Philosophy and Love

- Nature and source of love; its gain and loss.
- Seeing beyond the apparent. Practice of stillness.
- Expression of pure love through creation.
- Pure love through wisdom; attachment and delusion.
- Discerning truth from fruit of actions. Overcoming all limits.
- Expansion and strengthening of pure love. Things that cover pure love.
- Nature of that which is loved. Transient and changeable.
- Absence of love and its effect. Nature and effect of gratitude.
- Love thy neighbour as thyself. Transformative effect of love.
- Decisions based on true principle. Open-heartedness.
- Causes of duality and hostility.
- Sacrificial and sentimental love. Human and divine love.
- Stillness and deeper levels within oneself.
- Relationship between law and love.
- Love and work. Constancy between words and actions.